

PARENT HANDBOOK AND PROGRAM GUIDE WINTER 2024

KIDS 'N ACTION c/o B.C.L School Woodberry Down London N4 2SH

020 3670 1441

knadaycamp@gmail.com







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DEAR PARENTS AND CAMPERS....

It is a pleasure to welcome you and your child/children to Kids N Action day-camp and/or the Crèche. We are looking forward to an exciting camp season that is designed to provide a caring and safe environment, while giving your children the opportunity to have new experiences, build their self-esteem, develop camp friendships and enjoy a variety of trips and exciting programs.

The policies and procedures in this handbook are designed to provide you with pertinent information about the way our camp operates. Your co-operation in following these guidelines is appreciated. Please keep this handbook as a reference, as this manual is valid for every age child in day-camp and crèche. You may contact us if you have additional questions on Kids N Action office number: 020 3670 1441. We prefer messages with any changes you need to inform us of during day-camp, to be on written notes as we may not have heard your message in time.

We're so excited about this Winter camp and look forward to meeting your children and having a great time with them!

Mrs C Rapaport (Finance Manager)

020 3670 1441

Mrs R Landau (Creche manager)

07367 288 198

Geli Greenfeld & Esty Fruend (Social Head)

073 688 73475

Malky Gratt & Blimi Goldstein (Middos Head)

073 9308 2272

Ruchi Wiznitzer (Nursery Program Manager)

07909 256 311

Chani Wiznitzer (Infants Program Manager)

074 6467 5061

Mrs Frankel (Junior Program Manager)

074 04195 025

Kids N Action Hotline Number

030 3040 2539

DISCOVER THE FUN AT KIDS N' ACTION WINTER DAY-CAMP:

Kids N' Action provides Ofsted registered, action-packed school holiday programmes for chilldren in school from Lower Nursery to Year 8 inclusive. Our aim is to get children active and build their confidence through sport, physical activity and other educational activities they may be interested in trying. We have also extended our age range to provide childcare for infants and toddlers aged 3 months to 3 years as today's families need all the support they can receive, in order to nurture the potential of each individual child in a heimisha setting. That's why childcare and After School Programs at Kids 'N Action are vital and have a long@lasting tradition in assisting children to learn, grow and thrive in their own unique way.

Our Day-camps are open all day to provide busy parents with affordable childcare options. As a forward thinking organisation we recognise the importance of childcare for working parents and now accept kiddie vouchers too. Some parents may be entitled to claim childlicare up to 70% of the costs for the holiday play-scheme through HMRC. (Contact Mr Posen for more info). We also include children & young people with social, emotional or physical disability. You may use short breaks to pay for this.

PROGRAM AND CAMP THEME:

Kids 'N Action Winter Day Camp programs are designed to teach the children essential social skills and values, stimulate learning, foster creativity and facilitate an appreciation of the world around us thus giving them the foundations they'll need to flourish. In each of our Camps, the social heads design and plan a thematic curriculum that focuses on a specific subject and every group gets their own group name and character to compete with. The camp theme program will give the children new opportunities for a lively, active and positive experience during the Winter day camp. Our campers will be practising their theme songs and singing their hearts out, cheering and chanting as they move from one activity to the next.

With our team of trained and experienced staff and volunteers, we aim to provide a safe and healthy place to learn foundational skills in a fun environment and build their independence through caring, honesty, respect and responsibility, so that they will have a memorable and an enjoyable experience where every child will have fun, enjoy, achieve, gain confidence, make new friends, stay safe, learn new skills improve their nithat last for life.

In a nutshell, all aged programmes at Kids N' Action represents what we are all about....fun filled, energetic, action packed activities וגשמיות ברוחניות for girls aged 3-12 years.

VENUE, DATES AND HOURS OF OPERATION:

Day-camp takes place at Beis Chinuch Lebonos Girls School on Woodberry Down. We are open from Monday 1st January - Thursday 4th January 2024, 9:30am - 4:00pm from Monday to Thursday.

UNCOLLECTED CHILD POLICY:

There will be two members of staff on duty until 20 minutes after day-camp ends. Any child that is collected after this time will have to pay a late pick-up fee of £5.00 for every five minutes late. We will not allow the child to return home alone, or with an unauthorised adult, unless we have your permission. If after thirty five minutes no-one arrives to collect the child, and we have been unable to contact any family member by telephone, we will arrange for the child to go to the Camp Manager's house, adding an extra fee for the minicab on top of the late pick-up fee. This will have to be paid immediately when picking up your child/children.

ACCIDENT REPORTING:

Any incidents, e.g. the necessity to administer first aid, that need to be documented, shall be done by the Group Leader or Team Manager. Parents of the child will be made aware of the incident. It is essential that parents read and sign all incident report forms, to ensure that they are fully aware of the incident that occurred to their child on that day. If a serious accident Π^{\parallel} I takes place during the day-camp then you will be contacted as soon as possible

PROCEDURES FOR ARRIVING AND GOING HOME-TIME:

As the vast majority of our users live within walking distance of Kids N Action, families are strongly encouraged to walk or bus to school. For those families using cars or vans please ensure you do not stop outside the school on the yellow lines. Additional traffic and parked cars around the school pose a serious unnecessary risk to children as well as additional congestion. Cars are advised to drive in via the first entrance (New Entrance) and drive out via the second entrance (Old Entrance). Children from Reception to Year 8 will be waiting at home-time behind the reception garden gates in the back garden of the main school building every day from 4pm and Crèche and Nursery children will be waiting in their classroom with their leader until they are picked up. On rainy days children will be waiting under the shelter in the entrance of the main building.

Staff will be outside in the playground at the end of the day to facilitate good communication. We will provide supervision for up to 20 minutes at the end of the day. At 4.20 pm late collection procedures would be followed.

TO CONTACT THE VAN DRIVER PLEASE CALL: MR ROTH: 07852 316 442

The van arrangement is a fantastic service put on for those parents who have children of different ages finishing at different times.

DAMAGED, LOST OR STOLEN ITEMS/CLOTHING:

Please label all items that you send from home i.e. jackets, drink bottles, ruck-sacks, buggies etc. with your child's name, so that we can return any lost property. At the end of day camp, lost property will be displayed on the hooks outside the entrance of the Kindergarten build ling. We cannot guarantee the return of all lost property; we are planning to send all lost property to charity shops two weeks after Day Camp is over. Kids N' Action does not take responsibility for any money or personal property lost, damaged or stolen at the day camp. Parents are advised as a precaution to ensure that their children do not bring anything valu lable to Day Camp.

Parents should be advised that children need practical & suitable clothing to attend crèche/day camp and are asked to label their child's clothing. Kids N' Action encourages the children to explore the resources on offer and that this may end up in clothing getting messy, dirty or spoilt for either wet paint, glue or scissors…etc (we encourage children to wear disposalible aprons but we cant take responsibility for any damages that occur during day camp.)

We discourage children from wearing any jewellery/accessories during day camp for there own and others safety, parents take full responsibility for lost, damaged or accidents caused by their jewellery.

SAFETY AND SECURITY:

Kids N' Action day-camp prioritises the safety, security, well-being and enjoyment of each camper. The staff are carefully chosen for their positive and encouraging attitudes and experience of working with children in each specific age group, who have a wide range of abili□ties. Plus, we have a fantastic and responsible Team Manager who accompanies the girls on every outing to ensure that everything is running smoothly. We also have trained volunteers, aged 14–16 years old, to assist the leaders. The young volunteers will not be left in sole charge of the children at any time. The following table shows the general adult: child ratio we use to ensure that the children are kept safe.

Every group leader will carry a group register with all their details, which may be necessary for them to know. Class registers are taken a few times during the day, to ensure that the children are together at all times.

Class:	Childs age:	Adult: Child staff ratio	
Baby Crèche	O - 1 year	1:3	
Intermediate Crèche	1 – 2 years	1:4	
Toddler Crèche	2 - 3 years	1:4	
Nursery Classes	3 - 5 years	1:6	
Reception – Year 2	5 - 8 years	1:8	
Year 3 – Year 6	8 - 11 years	1:10	
Year 7 – Year 10	11 – 15 years	1:15	

STAFF AND VOLUNTEER TRAINING:

Our staff and volunteers receive comprehensive training that includes:

- · Supervision of children at on and offsite activities.
- · Safeguarding Children.
- First Aid.
- Fire Procedures.
- · Health and hygiene.
- · Safety and security procedures.
- Covid safety awareness

This is all covered in our risk management document, which each member of staff studies in detail during the induction process.

FIRE SAFETY:

Written fire safety procedures include guidance for staff on the safe evacuation of the build ing being used. Our fire emergency action plans are included within our risk assessment documents for each outing or venue. We will carry out a fire drill in line with existing procedures. This drill will be logged by the Camp Manager and kept on record at our office. All staff are provided with training and their fire safety responsibilities either on site or on outings.

HYGIENE POLICY:

Kids N' Action is committed to maintaining high standards of health and hygiene throughout the Play Scheme. We will strive to maintain the cleanliness of facilities and equipment, and we give our staff guidance on maintaining a healthy environment and good hygiene practice. On the coaches there will be carrier bags available for children to deposit their rubbish.

BEHAVIOUR POLICY:

Our staff are trained and have experience in treating each child fairly and as an individual. We aim to provide a challenging, fun learning experience for every child to develop their lalltent talents. Although we do take into consideration that day-camp is not as formal as school, it is still essential for staff to have proper discipline, combined with fun at the same time. Our dedicated staff continually encourage positive and good behaviour from every child at camp, through acknowledging and rewarding such conduct.

Challenging or inappropriate behaviour management procedure:

- Initially the leaders will try to deal with the situation.
- If unsuccessful, the Team Manager will contain the incident by removing the child/ children from the group.
- If the above happens more than three times, the parents will be informed. In some cases, the parents will be asked to collect the child/children during day -camp time.
- Suspending a child will only be considered after due consultation.

CHILD SECURITY:

Kids N' Action has started to operate an extra security system. There will be a designated Home Time Manager specifically for home time, to ensure that every child goes home according to the arrangements of their parents. If someone else is collecting your child which differs from your regular arrangement, then you must inform our office, or the Camp Manager on site. No children will be released without being informed of changes in pick-up arrangements. Kids N' Action staff are given guidance on our security procedures during their staff training at induction. Please be aware that cars must drive in via the new-first entrance and drive out at the old-second entrance. Any car that parks on the pavement opposite the school will get fined by the council. Children going by car/parents will be waiting behind the gates in reception garden.

LUNCH/FOOD ALLERGENS:

Please avoid sending food that contains any nut traces such as bamba, chocolate wafers with peanut butter filling or peanut butter sandwiches as some children are allergic to them. All foods brought from home should have a reliable hechsher approved from לאנדא' ר, החרידות עדה. Kids N' Action will be providing dinner too, if your child is allergic to any food, please send a letter to your child's leader stating which which food she may not eat or drink.

CONTACTING THE PARENTS:

Parents will be contacted during day-camp in cases of serious incidents such as:

- A broken or suspicion of a broken bone.
- If the child is unable to participate due to sudden illness.
- If a child is seriously unhappy about being in day-camp.
- If a child knocks their head and there are concerns that the knock could result in concussion.
- Any situation leading to a hospital visit.
- If there is a serious behavioural problem.
- If a child cannot be found □"I or left behind in day-camp after hours.

SICK CHILD POLICY:

Every child attending day-camp must have recovered from any sickness/illness 48 hours prior to the day-camp commencing. Parents who would like to discuss their child's case individually are welcome to contact us.

MEDICATION:

We will only administer prescribed medication to a child, e.g. inhaler or antibiotics. To do this, we will need written and verbal consent from the parent, who will need to sign a medication form before the start of day-camp. The Camp Manager will document the administering of medication, as well as the delivery and collection of the medication itself. If a child is at risk of anaphylaxis (primarily nut allergy) we must be informed of this before day camp starts by the parents. In this case, we will ask for written consent and adequate training on how to administer the injection. Children will be asked to administer their own healing cream, unless the parents have written a letter requesting the leader to do so.

SPECIAL NEEDS POLICY:

Kids N' Action welcomes children with a wide range of abilities, from the most able to those with very special needs. We want all children to discover and improve the talents they pos\(\text{Ises}\) sess and we hope to be your partner in developing your child's confidence and self-esteem. It would help the leaders at Kids N' Action if the parents of children with particular needs could discuss those requirements with the leaders before the start of day-camp. We will ensure that your child's needs are made known to the relevant staff and will do our best to adapt the day-camp experience to help your child be appropriately challenged, safe and succeed. We should point out that we will only allow children with special needs to attend if we have the appropriate LSA staff available for that particular child, who will be able to provide the necessary care and attention.

ADVERSE WEATHER:

We may have to alter the program and provide appropriate activities for the children, if the weather is too cold or wet. Please make sure to send a warm hooded jacket, with your child on outing days.

CONCERNS AND COMPLAINTS PROCEDURE:

Should you choose to make a complaint, or if you have any concerns about the day-camp, please first contact the Camp Manager, preferably during office hours or via e-mail to knadaycamp@gmail.com Our Camp Manager will log any complaints or concerns anyone may have and deal with it as quick as possible. A record will be made on our database, including full details, action taken and whether the complainant is satisfied with the outcome. Our team of leaders are trained to process your comments, passing them on to the appropriate person.

CODE OF DRESS AND CONDUCT POLICY:

Kids N' Action recognises that as we cater for children from many different schools in Stamford Hill, we have to set rules and guidelines for dressing appropriately at all times i.e. children should wear navy or white tights and long sleeves (No socks, slits in skirts; no denim or short sleeves allowed.) This policy applies to children of all ages including Kindergarten, Lower Nursery and upwards (excludes toddlers attending the drop-in crèche). There is no reason for any child to have a mobile phone, game boys, MP3/CD player, digital device or i -pod with them during day-camp. Skin-coloured and beige tights, or socks over tights, striped tights, fluorescent coloured clothing and chewing-gum are all prohibited at Kids N' Action day-camp. Hair longer than the shoulder line must be tied back in a pony. The correct style of dress as well as appropriate behaviour are essential to the image of Kids N' Action's ethos. Any child that is found wearing inappropriate clothing will be sent home.

WELCOMING THE CHILDREN:

The first day that your child under seven years attends day-camp, they may feel a little shy to say their name and class they are in. It would be a great help for us, if you could stick on your child her name and class that she is in.

Girls from Year 2 – Year 8 should go on the first day straight up to the Junior Hall on the first floor in the Kindergarten building, where they will meet the Social Heads and their leaders, who will take them to their class. All classes will daven every day in the classroom. Please bring a siddur with your name and phone number marked on it very clearly. We look forward to welcoming you all and to giving you a fantastic time throughout the week.

Mrs Rapaport

ATTENTION PARENTS:

No calls may be made to Mrs Rapaport at home unless it is an **EMERGENCY**. Please call during office hours **ONLY** on 07404195025. (Please leave a message if calling after hours with your name and number so that we can return your call)

All כלים, i.e. mugs, plates, cups... sent home with your child, has to be ד'טובל before using it.

Thank you for your co-operation!!

Winter Crèche

Dear Parents,

Welcome to our Winter crèche!

To ensure the smooth running of the program and for the safety of your child please remember:

- No breakfast will be served in day camp after 10am, If you would like your child to be served please send with breakfast (e.g. Weetabix...) We will supply sandwiches for dinner, milk and a light snack i.e. biscuits and fruit during the day.
- Children in toddler crèche should not bring their own dinner and lunch unless the child is a fussy eater. You can send either yogurts, compots etc. Water will be provided to the children throughout the day.
- Ensure all belongings e.g. lunches, bags, bottles, drinks, coats, nappies, wipes & buggies etc. are all clearly labeled with the child's name.
- You need to send with nappies and baby wipes at the beginning of the week for the whole week. We do not have a supply of nappies.
- Parents are required to collect their children on time as there will be no staff on late duty.
 For the safety of your child, please inform us who will be collecting the child daily.
- Please note: that whoever brings in your child must fill in a form of what the child needs during the day.

Looking forward to welcoming your child and enjoying the week of fun, in a secure and safe environment.

The number to call during day camp hours is:

Kids N' Action Office No: 020 3670 1441

Mrs R Landau Creche manager: 07367288198

Baby Creche No: 020 8809 7737 ext: 311

Intermediate Creche No: 020 8809 7737 ext: 312

Toddler Crèche No: 020 8809 7737 ext: 313

(during office hours only)

The Creche Staff

Dear Parent of Crèche children,

Re: Nut Allergy

This letter is to inform you that a infant/toddler in your child's crèche room has a severe food allergy to peanuts/nuts. It is important that there is strict avoidance to this food in order to prevent a life-threatening allergic reaction. We are asking your help to provide the toddler with a safe environment. Any exposure to peanuts/nuts may cause a life-threatening allergic reaction that requires emergency medical treatment. This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air.

To reduce the chance of this occurring, we are asking that you <u>do not send any peanut</u> <u>or nut containing products</u> to day camp with your child that will be eaten in the classroom i.e. Bamba, peanut-butter, some chocolate wafers and chocolate spreads may contain traces of peanuts and snacks/bars containing nuts or labelled "may contain nut traces".

If your child has eaten peanuts/nuts before coming to day camp, please be sure your child's hands and face have been thoroughly washed before entering the day camp.

We appreciate your support of these procedures. Please complete and return this form so we are certain you have received this information and will keep to the rules.

Mrs R Landau,
Creche Manager
07367288198

I have read and understand the peanut/nut free classroom procedures.

I agree to do my part in keeping the classroom peanut and nut free.

Child's Name _______

Parent's Signature ______

Date ______

Please contact me if you have any questions:

p.s. As we provide dinner, drinks and snacks please do not send any lunches.



Monday 1st January

Animal day what fun

In KNA day camp the excitement has begun

Where you will brighten up day camp with a smile on your face

And cupcake decorating is for today!





Tuesday 2nd February

Carnival day, come join the fun,

Rides and games for everyone.

Balloons in the sky, laughter in the air

Cotton candy clouds, a day so rare!



Wednesday 3rd January

On the stage, a lively flair Entertainer's tricks fills the air In the kitchen's warm embrace, Challah rises, a braided grace





<u>Thursday 4th January</u>

Bubbles floating, shimmering bright In a bubble show, pure delight.

Today with shaving foam well play

It's so much fun you'll say!





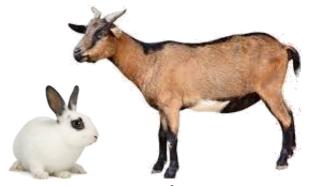




KINDERGARTEN - YEAR 2

Monday 1st January

In KNA day camp the excitement has begun Animal day what fun Landau's farm is coming to visit And an animal craft, it's nice, isn't it?!



Tuesday 2nd February

Carnival day, come join the fun,
Rides and games for everyone.
Balloons in the sky, laughter in the air
Cotton candy clouds, a day so rare!



Wednesday 3rd January

On the stage, a lively flair
Entertainer's tricks fills the air
Arts and crafts well try
Decorate away, let imaginations fly





<u>Thursday 4th January</u>

Bubbles floating, shimmering bright In a bubble show, pure delight. A bracelet with charms you'll certainly adore It will come out nice for sure!





YEAR 3-6

Monday 1st January:

On the farm, where animals play,
Decorating cookies, hip-hip-hooray!
With colours bright and icing fun,
A tasty masterpiece for everyone!

Bring your rolling pins, everyone!



Tuesday 2nd January:

Carnival day, come join the fun, Rides and games for everyone. Balloons in the sky, laughter in the air, Cotton candy clouds, a day so rare!



On the stage, a lively flair Entertainer's tricks fills the air Design your drink bottle, oh how juicy fill it with your own blends of smoothie

Year 6
A night outing, everyone cheer!!
Of to Britannia swimming, just don't fear

Meet outside Finx bus stop with your swim bags at 7pm and we will arrive back at 10pm outside Berrys bus stop



Thursday 4th January

Bubbles floating, shimmering bright,
In a bubble show, pure delight
Decorate your purse, let imaginations fly,
Then In a lip sync battle, reach for the sky!



POSSIBLE ALLERGEN CONTENT OF THE FOOD WE WILL BE SERVING







If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal

























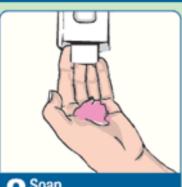




CARING FOR OUR CHILDREN

FIGHT GERMS BY WASHING YOUR HANDS!





2 Soap



Lather and scrub - 20 sec









Turn off tap



 $6^{\, ext{Dry your hands}}$

DONT FORGET TO WASH:

- between your fingers
- under your nails
- the tops of your hands





WINTER 2023

1. How satisfied were you with the Kids N Action day camp?	 Extremely Satisfied Very Satisfied Moderately Satisfied Slightly Satisfied Not at all Satisfied
Do you think your child(ren) were welcomed warmly and found there place easily? (If your answer is no please specify below)	Slightly SatisfiedNot at all Satisfied
3. How satisfied were you with the level of communication between staff and parents?	 Extremely Satisfied Very Satisfied Moderately Satisfied Slightly Satisfied Not at all Satisfied
4. Please provide any feedback related to the staff at Kids N' Action including activity leaders, and administrative staff:	
5. Which activities did your child like the MOST in day camp?	
6. Which activities did your child like the LEAST at day camp?	
7. How do you feel about the safety of your child in Kids N' Action?	 Extremely Satisfied Very Satisfied Moderately Satisfied Slightly Satisfied Not at all Satisfied
8. Did you feel your child's individual needs were met?	DefinitelySometimesNot reallyComment:
9. Please provide any other comments, input, suggestions or feedback regarding to Kids N' Action holiday programs	

Please send back with your child. Thank you for your cooperation.

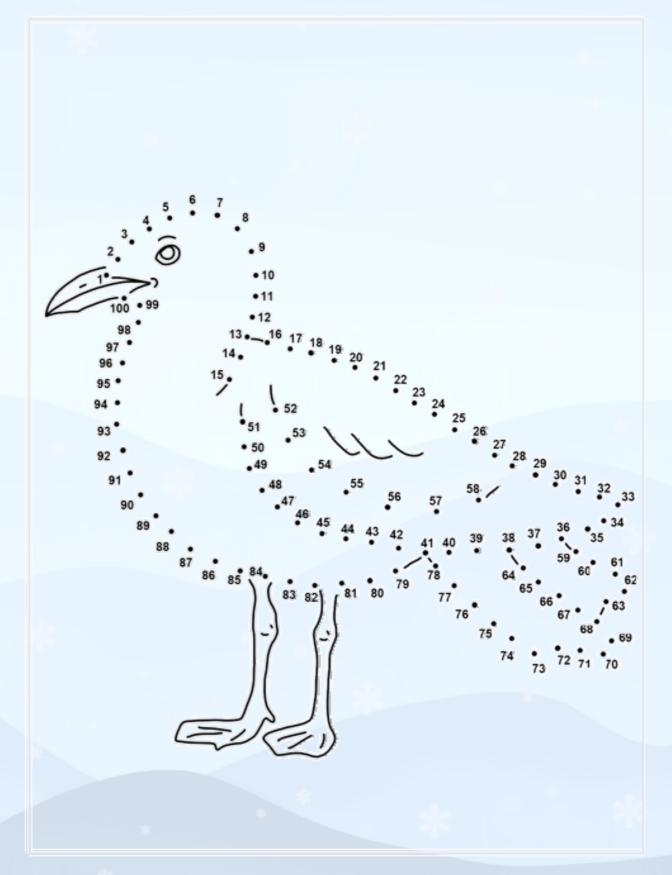
MY HAPPY SHEET

NAME: _____ CLASS: _____

WINTER PROGRAM 2021	HOW WAS YOUR DAY? Please circle the box you decide		WHAT DID YOU LIKE BEST TODAY?	DO YOU HAVE ANY IDEAS FOR NEXT TIME?	COMMENTS OR COMPLAINTS
	Blast	Fun			
MONDAY 1/12/2024	Нарру	Not bad			
	Şad (Upsetting (
	Blast	Fun			
TUESDAY 2/12/2024	Нарру	Not bad			
	Şad	Upsetting			
	Blast	Fun			3/4
WEDNESDAY 3/12/2024	Нарру	Not bad			
	Şad (Upsetting (*	
	Blast	Fun			
THURSDAY 4/12/2024	Нарру	Not bad			
	Şad (Upsetting (



CONNECT THE DOTS





HELP THE BIRD FIND HIS POND



